




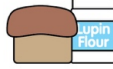










## DISHES AND THEIR ALLERGEN CONTENT – Nourish at no44 – isolation nation menus

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
BEEF BOURG	X								X					
PASTA CARBON		X		X		X	X							X
VEG LASAGNA	X	X		X		X	X		X				X	
VENISION LASAGNE														
PORTUGUESE TART		X		X		X	X						X	
CHICKEN CHASS	X								X					
BREAD BUTTER PUDDING		X		X		X	X							X
SCONES		X		X		X	X							X
FISH PIE	x		x		x		x	x	x					
VEG CASS	X								X					X

STICKY TOFFEE		X		X		X	X			X				
CRUMBLE		X				X	X			X				
DAUPHONOISE							X		X					
ROAST POTS														
MASH POTS							X							

Review date: 20<sup>th</sup> April 2020

Reviewed by: Perry Nadin head chef



You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)